



WHAT IF I NEED A PROHIBITED SUBSTANCE OR MEDICINE TO TREAT AN ILLNESS OR CONDITION?

If you have an illness or condition that requires you to take medicine that includes a substance or method on the Prohibited List you can supply for a Therapeutic Use Exemption (TUE). A TUE will allow you to take this medicine.

Please request a form from your team doctor and ensure that it is correctly filled out. Under the requirements of the World Anti-Doping Code and the UEFA TUE, you are responsible for providing a TUE. It is therefore important that you apply for a TUE before using any prohibited substance or method. Failure to submit the appropriate TUE form (standard or abbreviated) is a doping offence.

REMEMBER:

A THERAPEUTIC USE EXEMPTION (TUE)?

HOW DO I APPLY FOR A THERAPEUTIC USE EXEMPTION (TUE)?

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THE DANGER OF USING DOPING SUBSTANCES OR PROHIBITED METHODS

The use of doping substances or prohibited methods can seriously damage your health. Using these substances or methods can cause nervous disorders, muscle damage, heart problems, kidney failure, drug dependency, impotence, cancer and more.

REMEMBER:

Doping does not make you healthier, fitter or smarter. It damages your body, your brain and your reputation.

TEST FOR DOPING?

You may be tested for doping after any UEFA match. You may also be tested for doping outside of a UEFA competition, at any time.

WHAT IS REQUIRED FOR A DOPING CONTROL?

You will be required to supply a urine and/or blood sample.

AM TOLD TO TAKE A DOPING CONTROL?

If you are asked to take a doping control, you have to take it. Report immediately after notification to the UEFA Doping Control Station and follow the instructions of the Doping Control Officer.

NOTE: FIFA, the World Anti-Doping Agency (WADA), your national anti-doping organization or any other competent body may carry out additional doping controls.

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