



WE CARE ABOUT FOOTBALL

Union des associations européennes de football



No. 14

TO UEFA MEMBER ASSOCIATIONS

For the attention of
the President and the General Secretary

Your reference

Your correspondence of

Our reference
CDAD/stu/vou

Date
04.03.2005

2005 Therapeutic Use Exemption (TUE) procedure and forms

Dear Sir or Madam,

New standards and forms for Therapeutic Use Exemption (TUE) have been issued by the World Anti-Doping Agency (WADA) and have to be applied to UEFA competitions.

Consequently, the enclosed procedure and forms replace Appendix C of the UEFA Doping Regulations (edition 2004) with immediate effect.

A Questions & Answers (Q&As) document on TUE is enclosed, giving detailed information about the subject and also explaining the application process.

We would also like to underline the following points:

TUE applications

A player may only submit a TUE request to one body at a time. The same TUE request may not be submitted to several different bodies.

Consequently, according to article 4.4 of the WADA Code, and in agreement with FIFA, TUE requests for footballers should emanate from and be addressed as follows:



<u>For</u>	<u>TUE application to be addressed to</u>	<u>Period</u>	<u>Request made by</u>
National players participating in domestic competitions only. NB: this includes friendly matches abroad.	Your National Anti-Doping Organisation (NADO) or competent public authority, or to your association if applicable.	Entire domestic season.	Player and club doctor
International players called up by your association to participate in UEFA national team competitions and international friendly matches.	UEFA	Period they are on duty with your national team (from arrival for pre-match training to departure after the match).	Player and national team doctor
International players participating in UEFA club competitions.	UEFA	Duration of their team's involvement in UEFA club competitions. NB: when the club is no longer involved in UEFA competitions, any new applications must be addressed to your NADO.	Player and club doctor
International players called up by your association to participate in FIFA competitions (i.e. 2006 World Cup qualifiers).	FIFA	Period they are on duty with your national team (from arrival for pre-match training to departure after the match).	Player and national team doctor

Issuance of TUE certificates and notification

According to article 15.4 of the WADA Code regarding mutual recognition, TUE certificates issued by international federations are valid at national level, and vice versa. Consequently, a certificate or notification already issued by your NADO is valid for a player participating in a UEFA competition.



For players participating in UEFA competitions, the certificate or notification from your NADO in its original language must be sent to UEFA with an English, French or German translation for registration.

When issuing a TUE certificate, and provided that we have all the contact details, UEFA will send the original to the player and copies to the player's doctor, the football association concerned, FIFA, the NADO concerned and WADA.

TUE forms

The **new standard** TUE form (copy enclosed) must be used for all therapeutic uses except those mentioned below.

The **new abbreviated** TUE form (copy enclosed) must be used for players using beta-2 agonists to treat asthma or exercise-induced asthma, or players using glucocorticosteroids by non-systemic route. **Please note that dermatological glucocorticosteroids do NOT require TUE any more.**

Team doctors and players should be aware that glucocorticosteroids in particular remain detectable in the body for a long time. An abbreviated TUE form is therefore vital in order to avoid a positive doping test (and any possible sanctions).

For international players participating in UEFA competitions, TUE forms must be completed by the player and his/her doctor and sent to the UEFA Anti-Doping Unit (confidential fax +41 22 990 31 31). TUE forms will be evaluated by the UEFA Therapeutic Use Exemption Committee (TUEC) and, if approved, a TUE certificate will be issued.

Incomplete or illegible TUE forms will not be processed and will be returned.

In principle, all TUE requests should be submitted 21 days before the match or competition.

Responsibility

The TUE Q&As are intended for the players, since they are legally responsible for the presence of prohibited substances in their body. However, we have to be realistic and cannot expect all players to become familiar with the rules at once. Team doctors therefore have a major role to play in the prevention of doping and education of players.

Consequently, you are requested to forward the TUE forms, the TUE Q&As and Prohibited List Q&As to all your team doctors, who must in turn inform the players. Given the disciplinary consequences that a player may face in the event of an anti-doping rule violation, these documents should be copied and distributed to all players participating in a UEFA competition.



Team doctors should in particular tell the players:

- that it is their personal duty to ensure that no prohibited substance enters their body;
- about the risks involved in taking any form of medication or food supplement without proper medical supervision;
- that they should contact their doctor or National Anti-Doping Organisation for clarification if they are in any doubt about a medication;
- that it makes no sense to use food supplements that will almost certainly not help performance when there is a high risk of a positive drug test;
- that anti-doping rule violations (article 2 of the UEFA Doping Regulations, 2004 edition) and, in particular, failure to submit the appropriate TUE form could result in a doping case, possibly entailing disciplinary sanctions;
- about the list of Prohibited Substances;
- that anti-doping controls can be carried out at any time, both in and out of competition;
- that they must report to the anti-doping control room straight from the pitch as soon as the match is over if drawn to undergo an anti-doping test (article 7.09 of the UEFA Doping Regulations, 2004 edition).

TUE forms, the current UEFA Doping Regulations, the 2005 List of Prohibited Substances, the Prohibited List Q&As and the TUE Q&As may be printed from the UEFA website <http://www.uefa.com/Uefa/index.html>. Any TUE matters not provided in this circular letter or in the enclosed Q&A will be dealt with according to the International Standard for TUE which can be found on WADA's website: www.wada-ama.org

If you have questions or require further information, please contact Marc Vouillamoz or Caroline Thom in UEFA's Anti-Doping Unit.

Yours faithfully,

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Lars-Christer Olsson
Chief Executive

Enclosures:

- TUE Q&As
- Prohibited List Q&As



cc (with enclosures)

- Clubs still involved in the 2004/05 UEFA club competitions
- UEFA Anti-Doping Unit's key contact persons in the associations
- UEFA Executive Committee
- UEFA Medical Committee
- European members of the FIFA Executive Committee
- FIFA, Zurich
- European National Anti-Doping Agencies