



## Checklist for Therapeutic Use Exemption (TUE) Application:

### Anaphylaxis

*Prohibited Substance: Glucocorticoids*



This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **MUST** be provided. *A completed application and checklist DO NOT guarantee the granting of a TUE.* Conversely, in some situations a legitimate application may not include every element on the checklist.

<input type="checkbox"/>	<b>TUE Application form</b> must include:
<input type="checkbox"/>	All sections completed in legible handwriting
<input type="checkbox"/>	All information submitted in English, French or German
<input type="checkbox"/>	A signature from the applying physician
<input type="checkbox"/>	The Athlete's signature
<input type="checkbox"/>	<b>Medical report</b> should include details of:
<input type="checkbox"/>	Medical history: 1. onset, timeline of development of symptoms 2. trigger mechanism (e.g. allergen, observation) if known 3. comment on respiratory compromise, collapse, skin/mucosal reaction, gastrointestinal symptoms
<input type="checkbox"/>	Physical examination (may be from emergency department - blood pressure, respiratory rate, skin/mucosal reaction)
<input type="checkbox"/>	Treatment prescribed; time and date, dosage, frequency, administration route for each substance: a) Acute management (epinephrine/adrenaline and systemic glucocorticoids are prohibited in competition: nebulised beta-2-agonists are prohibited at all times; IV fluids are prohibited unless treatment is received in hospital) b) Maintenance/prevention: epinephrine autoinjector (prohibited in competition)
<input type="checkbox"/>	<b>Diagnostic test/scale results</b> should include copies of:
<input type="checkbox"/>	Ambulance or emergency department/hospital records - where available
<input type="checkbox"/>	Laboratory tests (e.g. tryptase levels) - not always performed and not mandatory
<input type="checkbox"/>	Photographic evidence of skin reaction if relevant and available
<input type="checkbox"/>	Skin prick test or other allergy testing